

Complete Bone and Joint Care System by MegaCare Inc.

The MegaCare Bone and Joint system contains four products:

Coral Plus, Bone Angel, Degout and Joint Lub

Acidity of the body is believed to harm one's health. Acidity of the body translates to lower pH of the blood and, to a lesser extent, of the bodily fluids. Each person may have different experiences and results from such pH changes. Some can tolerate these changes more than others. Keeping the body alkaline helps to keep one healthy.

Drinking cola and alcohol, eating too much meat, getting angry or worried and feeling a lot of pressure can turn our body pH towards the acidic range. Both food and emotion can catalyze change.

We may say that acidity of the body may erode our bones/joints and mutate our cells that harm our health. Antioxidants may help to remove some of the free radicals produced from the processes. But maintaining our body pH, in general, is more important, as the basic step to safeguard our health from such damage on bones and joints.

Based on chemistry, uric acid can crystallize faster in acidic environments. That means if we eat high purine content foods that can produce a lot of uric acid in our blood, then crystals can deposit in the joints, particularly in the toes. Once these crystals grow larger or in abundant amount, they will damage our soft tissue between bones at the joints. Once soft tissue is damaged to a degree, water comes in more than out, so water will retain in the tissue, resulting in the swelling of the joint and ensuing sharp pain. The acidity of the body may help uric acid crystallize at joints from the blood.

Coral Plus capsule:

Is formulated to work with our daily intake of vegetables and fruits to keep our body alkaline. As everyone's genes are different, the amounts of these foods and Coral Plus capsules needed will vary from one to another and from day to day.

Essentially, taking 2 to 4 Coral Plus daily should help on this regard.

It is proposed that minerals, especially the trace minerals, work with vegetables and fruits to work on our body towards alkalinity. Coral Plus is formulated to contain Calcium, Magnesium, Zinc and about 70 trace minerals for such a purpose.

Bone Angel tablet:

Contains minerals, Calcium, Magnesium, Zinc, Boron; joint care ingredients, MSM, Chondroitin, Glucosamine; and natural plant hormone, Soy Isoflavones. Vitamin D3 is present

to help mineral absorption. This product purports to supply nutrients in amounts needed daily for good bone and joint health.

Calcium in the bone can be leached out from the bone into blood to cause lower and lower bone density. If the calcium level in the blood is at a certain level, then calcium in the bone will not get out from bone. However, calcium will be leached out if lower than that level. Vitamin D3 helps bio-absorption of calcium by the body and hormones helps calcium to go into the bone. However, hormones have been suspected to cause cancer if overdosed. This formulation keeps the natural plant hormone low; it is best to consult with your physician before taking it.

Taking 1 Bone Angel tablet after breakfast and 1 after dinner with 1 or 2 Coral Plus will help to maintain bone and joint health.

Degout capsule:

This formulation contains all herbal powders of Celery seed, Lemon Peel, Licorice, Tumeric, Cranberry, Horsetail and Sting Nettle. Many customers have taken this product in the past, some for more than 5 years, finding that Degout helped reduce uric acid. Degout was formulated with the goal to decompose and promote excretion of uric acid and to prevent uric crystals from forming.

Based on past customer feedback and our own experience, one usually takes 5 capsules after each meal for two to three weeks. The purpose is to bring these nutrient blood levels up over the effective blood level in a short time to remove as much uric acid as possible from the blood. Once uric acid blood levels are lowered to a degree, then the crystal uric acid starts to dissolve back into blood to be excreted or decomposed. Some may need to follow the program for one more week, switch to 5 capsules after dinner for about one month, and finally terminate the regiment completely.

We recommend having one bottle of Degout kept in storage and taking 5 capsules per meal for three meals if a big and purine-abundant meal is served. The purpose is to remove as much uric acid as possible if such a meal is taken.

Coral Plus again plays an important role with Degout. Taking Coral Plus helps remove uric acid faster. From a chemist's point of view, less uric acid exists in the blood if it is alkaline.

Joint-Lub capsule:

The ingredients, Glucosamine, MSM and Chondroitin have been used widely on the mass market for joint care. "Joint-Lub" uses more natural ingredients, Shark and Bovine Cartilage, to supply potentially therapeutic, yet unknown natural ingredients that can help joint health. Also, the Indian herb Boswellia and another herb, Alfalfa, have been included for their known uses for joint care. Many customers have benefited from the use of this product in the past five plus years, as is the case with Degout.

Just like other products on the market, this Joint-Lub product is formulated with a goal to keep the soft tissue between bones in the joints healthy, so water can get in and out freely as it is supposed to. Joint-Lub aims to supply nutrients to keep cartilage at the tips of bones in the joints healthy. Once these two major parts of the joints have been taken care of, joints should work and feel well, as they have been designed to.

Conclusion and Warning:

The above four products have been used by many of our customers to help keep their bones and joints healthy in the past years. They may help you, but results will vary for a variety of reasons.

Please remember that no matter how good a product is, never overuse or overdose it. Just like any active drug ingredient or dietary supplement ingredient, it should have an effective blood level and a toxic blood level—the space between these two levels is called therapeutic window, or “supplemental window” for dietary supplements. Some may have a wider window and some may have a smaller one. Anything below the effective level will not help, but if over the toxic level, then harmful side effects may be experienced. So please take everything with great care. Even something as seemingly harmless as a grapefruit has been found to affect drug absorption, fatally increasing or decreasing drug effect.

Please always consult with your physician before taking any dietary supplements.

The above statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

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